The Cloudsplitter



Vol. 79 No. 4

October-December 2016



published by the
ALBANY CHAPTER
of the
ADIRONDACK
MOUNTAIN CLUB

The Cloudsplitter is published quarterly by the Albany Chapter of the Adirondack Mountain Club and is distributed to the membership. All issues (January, April, July, and October) feature activities schedules, trip reports, and other articles of interest to the outdoor enthusiast.

All outings should now be entered on the web site www.adk-albany.org. Echoes should be entered on the web site www.adk-albany.org with your login information.

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Submission deadline for the next issue of *The Cloudsplitter* is November 15, 2016 and will be for the months of January, February, and March, 2017. Many thanks to Gail Carr for her cover sketch of a "Witches Cave."

October 5, November 2, December 7 (1st Wednesdays)

Business Meeting of Chapter Officers and Committees 6:00 p.m. at Little's Lake in Menands
Chapter members are encouraged to attend - please call Tom Hart at 229-5627

Chapter Meetings are held at the West Albany Fire House (Station #1), 113 Sand Creek Road, Albany. Education Sessions start at 6:30 prior to the membership meeting. Programs begin following the Chapter business meeting. Refreshments are served after the meetings.

***NOTE: THE DATES FOR THE CHAPTER MEETINGS FOR NOVEMBER AND DECEMBER WERE CHANGED TO ACCOMMODATE THE USE OF THE FIREHOUSE.

October 11 (2nd Tuesday) MONTHLY CHAPTER MEMBERSHIP MEETING 6:30 P.M. Education Session: To be announced.

Program: <u>Adirondack 102 Club: Your Passport & Guide to the North Country</u>-- Although author Marty Podskoch has traveled extensively in the Adirondacks gathering material for other books, he knew to enlist local writers to describe 102 towns and villages, their histories and important points of interests. Discover the secrets of 102 places the main roads do not reveal.

November 15 (3rd Tuesday) MONTHLY CHAPTER MEMBERSHIP MEETING 6:30 P.M. Education Session: To be announced.

Program: <u>Happy 100th Birthday, National Parks!</u>--Kicking off with Acadia, Alan Via's program moves to the mountains of the American West, with spectacular photos of mountain scenery, flowers, and animals from the Southwest's National Parks, up through Yosemite and into the Northwest. Don't miss this spectacular mountain tour.

December 6 (1st Tuesday) MONTHLY CHAPTER MEMBERSHIP MEETING 6:30 P.M. Education Session: To be announced.

Program: <u>Wreck Chaser--</u> Forest Ranger Scott VanLaer has searched high and low for dozens of airplane crash sites in the remotest areas of the Northeast, including Wright Peak, Iroquois, Blue Ridge and the Jay Mountain Range in the Adirondack. He will give us a "sneak peak" of his upcoming book about locating the scenes of civilian and military tragedies in the woods.

MESSAGE FROM THE CHAIRMAN

Risk and reward: My wife and I just returned from a guided hiking tour of the Canadian Rockies in Banff National Park. Blue-green glacial lakes, beautiful mountains, snow and great food made the trip wonderful. The hiking was challenging despite our pre-trip training. The elevation was 6,000 to 9,000 feet. The trails were mostly good but occasionally very steep and eroded. Our guides evaluated our hiking abilities for the first two days before we hiked into a backcountry lodge eight miles from the nearest road. There are two trails to the lodge. One was approximately nine miles long over two mountain passes. This one went through high mountain meadows with wildflowers and towering mountain peaks as well as snow covered areas and beautiful mountain streams and lakes. And the easier trail/dirt road was eight miles long. The grade was easy and to quote our Canadian guide, "It is the most boring trail in all of the Canadian Rockies." The Shadow Lake Lodge, similar to the John's Brook Lodge, was our destination for two nights from which we would hike in the backcountry, sleep in cabins and eat in relative luxury. Oh, I almost forgot--there are grizzly bears in the area. We were instructed on how to differentiate between brown bears and grizzly bears. We were told to hike in groups of four or more and make sure we were making noise on the trail so we would not "surprise" a grizzly. Our guide told us the grizzly bears rarely attack groups of 4 or more and that Canadian grizzly bears are taught to count as cubs. We chose the more difficult trail. It was beautiful and challenging. On the way back to "civilization" we all hiked out on the "boring" trail which was made more enjoyable by the company of the other hikers, evidence of recent grizzly bear scat and "stories" from our guide. The moral of the story I think is: Get in shape mentally and physically as best you can and go on the challenging hike. But never forget that "hiking is a round trip" and we must always be prepared and safe. See you on the trail, Jim Slavin

ALBANY CHAPTER - OFFICERS and COMMITTEE CHAIRPERSONS

Chairperson	James Slavin	434-4393	jaslavin1@gmail.com
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	Josh Baker	728-6419	Dl3aker@yahoo.com

ACTIVITIES SCHEDULE

PARTICIPANTS' RESPONSIBILITIES

FITNESS: Know your level of fitness and limitations. The trip leader will ask questions about your experience, fitness, equipment, medical condition, expectations, etc. Be Honest!

TRIP RATINGS: Understand that the level of effort is not the same as the level of difficulty. Trip ratings are for level of effort. Realize that "moderate" for a physically fit person may mean outrageously strenuous for a novice and/or unconditioned person.

HIKERS RATING	EFFORT LEVEL	ELEVATION GAIN (FEET)	MILES	TIME (HOURS)
A+	Very Strenuous	4,000+	10+	10+
А	Strenuous	3,000+	5 – 10	8 – 10
B+	Moderately Strenuous	2,000+	5 – 10	6 – 8
В	Moderate	1,000+	810	5 – 7
C+	Fairly Easy	1,000+	5 – 8	4 – 6
С	Easy	Under 1,000	Under 5	Under 5

Not all trips fit cleanly into one of these categories. Whenever you are unclear about a rating for a trip, leaders will be happy to explain what their designated rating means.

PADDLERS	MILES	PORTAGES	WATER CLASS
А	12+	Long (½ mile+)	II – Whitewater
В	6 – 12	Short	I – Moving
С	Under 6	None	Flat

BIKERS	MILES	TERRAIN
A	30+	Moderate to steep
В	15-30	Moderate
С	Less than 15	Flat to Moderate

Please Note: Unless otherwise stated, please sign up with the leader for all Chapter activities. Do not simply show up at the designated meeting place. Arrive at the carpooling site before the stated departure time. Please pay the driver to offset the costs of driving. Do not bring a pet unless the trip leader agrees that it is okay, and bring a leash. Please stay with the group or ask to proceed and stop at the first intersection and wait for the entire group to re-assemble. You are expected to carry adequate equipment, water and food. If in doubt about what to bring, ask the trip leader! Suggestions for all seasons:

☐ Water: 2 - 3 Quarts ☐ Shell (wind & rain) ☐ Sturdy Boots ☐ Map & Compass	☐ Extra	I Layered Clothing (NO cotton) I Extra Sweater or Jacket I Sun Glasses/Screen (SPF 15) IWaterproof Matches		☐ Extra Socks☐ Headlamp☐ First Aid Kit☐ Emergency Blar		☐ Hat ☐ Gloves ☐ Food cet
Winter Add-ons:□ Skis or Snow □ Warm liquids		☐ Crampons ☐ Extra layers	□ Ski Pole	or Ice Axe	□ Extra	Food

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Albany Chapter – Adirondack Mountain Club October-December 2016 Combined Activities Schedule

<u>Month</u>	<u>Day</u>	<u>Destination or Event</u>	<u>Leader</u>	<u>Rating</u>
Oct	1 (Sat)	Rocky Peak, Giant, & Hopkins	Warren	A+
	4 (Tue)	Paddle HudsonBlackwell Stillwater	Reilly	В
	4 (Tue)	Cat & Thomas Mountains	Waldman	В
	4 (Tue)	Evening PaddleMohawk River Niskayuna	Luchsinger/Bentien	В
	5 (Wed)	Vanderwhacker Mountain	Priest	В
	7 (Fri)	The Crows	Antonio	C+
	8 (Sat)	Sucker Brook Trail (SBT) Trailwork	Reilly/Sheehan	В
	10 (Mon)	Fifth Peak	Priest	В
	11 (Tue)	MONTHLY CHAPTER MEETINGAdirond	ack North Country	
	12 (Wed)	Treadway Mountain	Antonio	В
	12 (Wed)	Evening PaddleRound Lake	Saville/Luchsinger	С
	15 (Sat)	Buck Mountain from Pilot Knob	Prewencki	В
	15 (Sat)	Bicycle Essex Chain Lakes Tract	Reilly	В
	15 (Sat)	Mount Marcy	Berens	A+
	18 (Tue)	Evening PaddleMohawk River Lock E9	Orr/Bentien	С
	19 (Wed)	Moxham Mountain	Traver	C+
	20 (Thu)	Local Half-Day Trailwork	Reilly/Sheehan	С
	22 (Sat)	Taconic Crest Trail (TCT) Trail Work	Pisaneschi	В
	22 (Sat)	Marion Pond Hoffman Notch Wilderness	Martin	C+
	22 (Sat)	Sugarloaf	Siegard	Α
	25 (Tue)	Evening PaddleMohawk & Hudson Rivers		В
	27 (Thu)	Kibby Pond	Quattrocchi	C+
Nov	4 (Fri)	Bromley Mountain, VT	Ross/McCarron	В
	5 (Sat)	Santanoni, Panther, & Couchasachraga	Warren	A+
	7 (Mon)	Windham High Peak	Martin	C+
	8 (Tue)	Bartholomew's Cobble	Traver	С
	9 (Wed)	Cat & Thomas Mountains	Antonio	В
	10 (Thu)	Taconic Crest Trail Rt. 20-Potter Mtn. Rd.	Pisaneschi	В
	11 (Fri)	Wittenberg & Cornell Mountains	Susko	Α
	12 (Sat)	Sucker Brook Trail (SBT) Trailwork	Reilly/Sheehan	В
	15 (Tue)	MONTHLY CHAPTER MEETINGNational		_
	17 (Thu)	Local Half-Day Trailwork	Reilly	С
	18 (Fri)	Prospect Mountain	Antonio	C+
_	21 (Mon)	New Member Orientation & Open House	Rosenberry	
Dec	6 (Tue)	MONTHLY CHAPTER MEETINGChasing	-	
	10 (Sat)	Indian Head, Colvin & Blake	Berens	A+
	28 (Wed)	Sugarloaf Mountain	Susko	В
	31 (Sat)	Marcy, Gray, & Skylight	Warren	A+

CHECK OUR WEBSITE FREQUENTLY FOR UPDATES TO THE OUTINGS SCHEDULE. OUTINGS COME IN REGULARLY TO THE WEBSITE ONLY AT WWW. ADK-ALBANY.ORG

ACTIVITIES DESCRIPTIONS

General Information for Evening Paddling Trips

On most Tuesday (some Wednesday) evenings from May thru October the ADK Albany Chapter paddles various waterways in the Capital District area. There are typically two groups (Fast and Relaxed Groups). The Relaxed Group goes as slow as the slowest paddler and may be best for short wide boats or less skilled paddlers. The Fast Group is for most everyone else and goes about 3-4 mph. If there are a large number of paddlers we may form a moderate group. Expect to paddle for about two hours. Scheduled trips launch rain or shine. It is suggested that you obtain a good roadmap of the Capital District or use www.mapquest.com for directions to the launch site locations. It is customary, after the paddle, for the group leader to pick a nearby restaurant and convene the Paddlers Committee Meeting (PCM) to socialize, plan future trips, and enjoy a meal with old and new friends. Everyone who paddles is automatically a Committee Member and is invited to participate. If new paddlers would like to join the weekly paddling email list, please email Erica Lovrin at albany.adk.paddlers@gmail.com.

The following are the Albany Chapter guidelines to participate in the Evening Paddles:

- 1) Respect Other Users of the Waterways Steer clear of fishermen. Don't forget their fishing lines go well out into the water. Stay close to shore when motorboats are out. Red and Green Buoys mark the deep water channels, so stay between the buoys and shore. Paddle in a tight group when crossing large bodies of water.
- 2) Launch on Time Please be in your boats on the water and congregated near shore before the launch time. People launching after start time are not officially with the group. The leaders will conduct a short On-the-Water Meeting with the group to discuss the water, weather conditions and plans for the paddle.
- 3) **Duty of the Paddler** It is the responsibility of the paddler to stay with the group and know who the leaders are. If you don't know, ask someone.
- 4) Leaving the Group The leaders take a headcount at the On-the-Water Meeting.

Therefore, please notify one of the leaders if you need to leave the group for any reason. ADK is not responsible for paddlers who choose not to paddle with the group.

- 5) Required Gear All paddlers must bring along a white light (a headlamp is good), a whistle (a pealess one is best) and must wear a PFD (Personal Floatation Device, aka life jacket). Your PFD needs to be securely fastened (zippered and buckled). There are no exceptions to these requirements. It is also a good idea to bring raingear, water, bug-dope (mosquitoes are quite active in summer at dusk) and an extra set of clothes in the car.
- 6) Clothing Other than in July and August all paddlers should not wear cotton clothing. If you must wear cotton, bring along a full change of clothing in a dry bag. Expect to have your feet in the water when launching. Some of the launch spots are slippery and have underwater debris. Waterproof footwear (most experienced paddlers use neoprene booties or mukluks) is highly recommended in the cooler months.
- 7) **Guests** You may bring a guest. He/she is your responsibility and must adhere to all of the Evening Paddle Guidelines.

Oct 1 (Sat) ROCKY PEAK, GIANT, & HOPKINS (A+)

We will spot a car at the Mossy Cascade trailhead and then start our hike from the New Russia trailhead on Rt. 9. The hike over Bald Peak and Rocky Peak to Giant is one of the most beautiful routes the High Peaks has to offer during the fall when the leaves are changing. Hopefully we will time it right to get some beautiful colors! After Giant, we will continue to Hopkins and its neighbor, Spread Eagle. These two smaller peaks offer nice summits and views as well. Plan on approximately 16 miles and 5600' of elevation gain. Leader: Claudia Warren, 364-3857, cldwr@hotmail.com

Oct 4 (Tue) PADDLE HUDSON RIVER--BLACKWELL STILLWATER SECTION (B)

This is a section of the Hudson River opened up by the state acquisition of the Essex Chain Lakes Tract from the Nature Conservancy. According to Phil Brown in the Adirondack Explorer, "This is a trip any paddler can do. The hardest part is getting your boat to the water." I've rated it a "B" because there is a portage at the beginning (and again at the end) of 0.8 miles, and because of the potential total paddling distance. However, the portage is on a dirt road so a canoe cart reportedly works well,

and you should bring it if you have one; otherwise a very lightweight boat or a willing partner might do. The paddling is supposed to be easy flat-water (with one slight exception of some 'quick-water' under the bridge at the putin), with 3 miles upstream from the put-in and another 3 miles downstream from the put-in for a total mileage of 12 miles paddling for the day and 1.6 miles of portage. If we do the entire length, we'll do the upstream half first and then see how everybody feels. I'll be bringing my dog on this excursion, so be forewarned...he's very friendly although is a terrible food hound. Contact the leader via email by Tuesday, September 27th to sign up and get details about where and when to meet. Leader: Gene Reilly, 281-7796, techvalleytrekker@yahoo.com

Oct 4 (Tue) CAT AND THOMAS (B)

These peaks are located on the west side of Lake George. The trail ascends to the summit of Thomas Mountain. There is a cabin on the summit and views to the south. From there, the trail descends to the col between the two mountains and then climbs to the open peak of Cat Mountain. There are some sections which require a bit of a scramble between the two mountains. The views from Cat are some of the best of Lake George, as almost all of Lake George can be seen from the summit. The return is on an old logging road. The hike is 7.6 miles round trip with a cumulative gain of over 1600' of elevation. Leader: Martha Waldman, 869-5109, martha829r@aol.com

Oct 4 (Tue) EVENING PADDLE--MOHAWK RIVER, NISKAYUNA (B)

Be on the water before 5:30 p.m. at Lions Park by the old train station in Niskayuna. We will paddle for about 1.5 to 2 hours going around the islands and possibly upstream to Lock 7. From the Northway, drive west on Rt. 7 for 3.1 miles and take a right on Rosendale Rd. which goes downhill and then curves left. Soon after the curve turn right into the parking area. No need to sign up - just show up. See General Info for Evening Paddling Trips.

Leader: Ellen Luchsinger, 235-5526, kayakerl@yahoo.com; Pamela Bentien, auntmayor@aol.com 421-7247,

Oct 5 (Wed) VANDERWHACKER (B)

This is one of my favorite hikes for fall. The summit is surrounded on all sides by mature maple forest. There is a 360-degree view from the fire tower. To the north there is a panorama view of the High Peaks. Some of the big lakes are visible to the west. The first two miles of the hike are pretty gentle. There are some wetlands

just off the trail that provide good views of the foothills. The last mile is pretty steep, taking us from the maples into the evergreens. The round trip is six miles with 1600' of ascent. We will have to negotiate a rough dirt road to get from route 28N to the trailhead. If anyone with a high undercarriage vehicle signs up, I may ask that person to drive. Leader: Robert Priest, 489-7472, rpriest001@nycap.rr.com

Oct 7 (Fri) THE CROWS (C+)

According to the ADK High Peaks Trails Guidebook, there are 28 major peaks visible from Big Crow. For our hike, we will do a loop over both of these rocky crags and cover approximately 3.5 miles with a bit over 1000' of elevation gain. Yes, it is on the shorter side mileage-wise, but there are steep sections in spots and it is huge in "viewpoints." Meet 7:30 a.m. at the Northway Exit 9 Park & Ride. Leader: John Antonio, 462-2765.

Oct 8 (Sat) SUCKER BROOK TRAIL (SBT) TRAILWORK (B)

This will be our 4th trip into our adopted trail this season, so please come and join us! If we have many people, we'll be able to get a lot done. We have many tools, but even without using tools you can help by placing cuttings off of the trail. Weeks from October to November are one of the two times per year chainsaws are allowed to be used to clear larger blow-down from the trails, and we hope to be able to use the Chapter's new chainsaw during this period (if prior reconnaissance reveals any blow-down too large for our hand tools). We will most likely hike in from the Lewey Lake campground trailhead for about two to two and a half hours. At a pace of possibly 3 mph this could get us about twothirds of the way to the other end of the trail, where it intersects with the Northville-Placid Trail (NPT). We will then turn around and cut overgrowth back on the way out. If we have a large turnout, we can split into two groups with one group heading in as far as they can get in 2.5 hours while the other group can trim as they go. Please contact the leader by October 1st to discuss participation and where and when to meet. We will be looking to get an early start, with the days getting shorter. especially Reilly, 281-7796, Leaders: Gene techvalleytrekker@yahoo.com; John Sheehan, 674-8121, jgsheehan01@yahoo.com

Oct 10 (Mon) FIFTH PEAK (B)

Fall is a great time for hiking in the Tongue Mountain peninsula. Most of the rattlers will be hibernating by then. The maple trees will erupt in beautiful colors. We'll start the hike at Clay Meadow. The trail takes us down to wetlands at the end of Lake George's Northwest Bay. After two miles of steady climbing, we'll make a right turn and head for the summit of Fifth Peak. There are two views from the summit. One overlooks the Northwest Bay. The other faces the main channel of Lake George. The total round trip is 5 1/2 miles with an ascent of 1350'. If we are more ambitious, we can add a side trip part way down to Five Mile Mountain Point. Leader: Robert Priest, 489-7472, rpriest001@nycap.rr.com

Oct 11 (Tue) MONTHLY CHAPTER MEETING 113 Sand Creek Road, Albany, NY Educational Session at 6:30 p.m.--To be announced.

Program at 7:30---The Adirondack 102 Club: Your Passport & Guide to the North Country-Although author Marty Podskoch has traveled extensively in the Adirondacks gathering material for other books, he knew to enlist local writers to describe 102 towns and villages, their histories and important points of interests. Discover the secrets of 102 places the main

Oct 12 (Wed) TREADWAY MOUNTAIN (B)

roads do not reveal.

Treadway is a handsome mountain in the Pharaoh Mountain Wilderness. Starting at the Putnam Pond boat launch, we will hike around the eastern side of Putnam Pond before heading west and up the mountain itself. The round trip is about 8 miles with 900' of elevation gain. Meet 7:30 a.m. at the Northway Exit 9 Park & Ride. Leader: John Antonio, 462-2765.

Oct 12 (Wed) EVE. PADDLE--ROUND L. (C) We will put in at the boat launch on Route 9. Be on the water by 5:30 p.m. We will paddle around the lake, down the Anthony Kill, and return. You must wear a PFD and follow the guidelines in the Cloudsplitter for evening paddling trips. Leader: Alison Saville, 899-4031, saville1127@gmail.com; Ellen Luchsinger, 235-5526, kayakerl@yahoo.com

Oct 15 (Sat) BUCK MOUNTAIN FROM PILOT KNOB (B)

This steep trail ascends 2000', with a round-trip distance of about six miles, along an old woods road and crosses a creek several times on its way to the summit. There are some nice scrambles near the summit and wonderful views of Lake George and the Adirondacks at the top. This is a joint outing with the Taconic Hiking Club. Leader: Cliff Prewencki, 768-2907, cprewencki@aol.com

Oct 15 (Sat) BICYCLE ESSEX CHAIN LAKES TRACT (B)

DEC opened up the roads in the Essex Chain Lakes Tract to bicycling, and it has proven to be somewhat controversial. Let's go see what all the fuss is about. We will drive south from Newcomb on Cornell Road and Deer Pond Road to the parking area near Deer Pond. Then, we will bicycle east passing Deer Pond and Mud Pond, cross the channel between Fourth and Fifth Lakes, perhaps drop down to see Jackson Pond, pass Eighth Lake and finally head over to the parking area on Drake's Mill Road at the Polaris Bridge over the Hudson River. Retracing our path, we can then evaluate if we want to take a side-trip down between Jackson Pond and Third Lake to see the site of the controversial proposed bridge over the Cedar River. If there are enough participants and cars we could change the plan to reduce the cycling mileage and vet ensure we see all of the roads north of the Cedar River by spotting a car at the easternmost point. It's rated a 'B' because the total mileage could be over 20. I believe the terrain is moderate and the surface mostly a double track dirt road. Please contact the leader via email by Saturday, October 8 to discuss participation and where and when to meet. Leader: Gene Reilly, 281-7796, techvalleytrekker@yahoo.com

Oct 15 (Sat) MOUNT MARCY (A+)

If all goes well in the interim, this hike will complete the leader's "Medicare 46." We'll do the standard route from ADK Loj and back, hiking nearly 15 miles and gaining about 3300' round trip. Mid-October conditions vary, so bring seasonal clothing, lots to eat and drink, traction spikes, a headlamp with fresh batteries, and a persevering spirit. We will depart at 4:30 a.m. from the Northway Exit 9 Park & Ride. Leader: Don Berens, 783-1302, 50peaks@nycap.rr.com

Oct 18 (Tue) EVENING PADDLE--MOHAWK RIVER LOCK E9 (C)

Take Route 5 West of Scotia from the west end of I-890. Turn left and go to the intersection of Route 103 across from Stewart's and turn left and immediately right for the entrance to the park. Drive down the hill to the launch area. Be on the water before 5:30 p.m. We will paddle upstream toward Swart Island below Lock E10 and back. See General Info for Evening Paddle Trips. Required items for each paddler include a securely fastened PFD, whistle, and white light such as a headlamp. Leader: Don Orr, 421-3389, orrd@nycap.rr.com; Pamela Bentien, 421-7247, auntmayor@aol.com

Oct 19 (Wed) MOXHAM MOUNTAIN (C+)

I continue to be smitten with Moxham Mountain. I especially love trails that offer rewarding views throughout the hike, rather than just at the summit. Moxham has all that and more. Let's hope for beautiful autumn foliage and a blue sky for this hike. Round-trip distance is 5.4 miles with an elevation gain of about 1000'. Email contact preferred. Leader: Virginia Boyle Traver, 322-0950, virginiabt28@gmail.com

Oct 20 (Thu) LOCAL HALF-DAY TRAILWORK (C)

This will be a great opportunity for anyone inexperienced with trailwork but interested and thinking about signing up for a project. We plan on cutting away some blowdown and trimming back overgrowth on some trails within the Albany Rural Cemetery (ARC). The duration will be limited to four hours, starting at 8:00 a.m. Come learn about the standards for trail maintenance and gain confidence to venture out on more distant trailwork projects. We will meet at the ARC Menands entrance: however, at the time of Cloudsplitter production there are still some insurance aspects to be worked out which could affect the project. Please check with the leader by October 13th to discuss participation. Directions to the meeting place at the ARC could be given then, if needed. Leader: Gene Reilly, 281-7796, techvalleytrekker@vahoo.com; John Sheehan, 674-8121, jqsheehan01@yahoo.com

Oct 22 (Sat) TACONIC CREST TRAIL (TCT) TRAILWORK (B)

We'll cover the section of the TCT from Robinson Hollow to Mattison Hollow. This will involve blow down removal and drainage work. This trip will include an overall elevation gain of about 1000' and about 8 miles round-trip, depending on what needs to be done. The more trail work needed, the less distance we will cover. Regardless, we'll plan to be back at the trailhead by 4:00 p.m. Leader: Dave Pisaneschi, 459-5969, dapadk@gmail.com

Oct 22 (Sat) MARION POND -- HOFFMAN NOTCH WILDERNESS (C+)

This beautiful and seldom visited backcountry pond is nestled at the top of a wilderness ridgeline and is best accessed from the southern trailhead. It is especially pleasant in the spring or fall of the year and is an interesting hike that begins on an established trail and ends with a bushwhack up to the ridgeline. This will take a little under two hours hiking one way at a relaxed pace with a few short breaks mixed in. We will take a quick side trip to scenic Bailey Pond, then continue on. There are a few steeper

pitches as we approach the pond and work our way around some cliffs on the bushwhack. Total round-trip distance is about 5 miles with 1200' of elevation gain. Leader: Keith Martin, 859-9018, kdm46r@gmail.com

Oct 22 (Sat) SUGARLOAF (A)

This is one of my favorite Catskill peaks. There's a great view on the Pecoy Notch Trail and I'm hoping we're not too late for the fall foliage. We'll do a loop up the Mink Hollow Trail, over the peak via the Devil's Path and down via the Pecoy Notch Trail. The total mileage is 7 miles with around 2000' of elevation. The trip is harder than the stats might indicate due to the steepness and challenging trails. This is why I listed it as an A. Leader: Leslie Siegard, 768-2393, siegard3@netscape.com

Oct 25 (Tue) EVENING PADDLE--MOHAWK & HUDSON RIVERS (B)

Be on the water at the Waterford boat launch before 5:30 p.m. We will paddle upstream on the Hudson to Campbell Island or explore the shores and waterfall of Peebles Island. In Waterford, from Broad St. turn south onto First St. and drive to the boat launch at its end. Or you can launch from Lansingburgh at the end of 123rd St. off of Second Ave./Rt.4 and meet the rest of the group on the Waterford side. No need to sign up - just show up! See General Info for Evening Paddling Trips. Leader: Ellen Luchsinger, 235-5526, kayakerl@yahoo.com

Oct 27 (Thu) KIBBY POND (C+)

Kibby Pond is a short hike of about 4 miles round trip. We will climb about 600' up a long ridge and then descend to the shore of this pretty little pond. The trailhead is on Route 8, west of Bakers Mills in Warren County. Contact leader by email after October 10.Leader: Jean Quattrocchi, jeanquattrocchi@gmail.com, 424-7980.

Nov 4 (Fri) BROMLEY MOUNTAIN, VT (B)

We'll approach Bromley from Rt. 11 & 30 east of Manchester and take the AT/LT up to the 3260' summit, stopping at the beautiful Bromley Shelter along the way. The last time we did this in November, there were huge piles of manmade snow at the top to play in, so there could be some good sliding snow! Total distance is 5.5 miles with about 1500' of vertical. Conditions up there may warrant winter gear. Leader: Karen Ross, 794-7474, kcoyross@aol.com; Lori McCarron, 587-1957, mmccarr2@nycap.rr.com

Nov 5 (Sat) SANTANONI, PANTHER, & COUCHASACHRAGA (A+)

These three lovely peaks make a great late fall hike. We will be on a marked trail for the first 4.5 miles, leaving the trail for the well-established herd path near Bradley Pond. Our first peak will be Panther, then Couchsachraga, and then we'll hike over beautiful Santanoni and out. Expect approximately 17 miles and 4200' of elevation gain. Leader: Claudia Warren, 364-3857, cldwr@hotmail.com

Nov 7 (Mon) WINDHAM HIGH PEAK (C+)

In clear weather there are terrific views of Albany and points north from the summit overlooks of this peak, which lies on the northernmost ridge of the Catskills. This is a very nice hike of 6.5 miles round-trip with 1800' of elevation gain. However, really soggy weather or extraordinary "mud season" conditions may cancel this gem of a hike or change our plans. Leader: Keith Martin, 859-9018, kdm46r@gmail.com

Nov 8 (Tue) BARTHOLOMEW'S COBBLE (C)

This Election Day is bound to be a nail-biter. We need to find the most soothing pastoral hike we can. Bartholomew's Cobble in the southern Berkshires is just such a place. It comprises much of what is beautiful in New England--a winding river, rocky outcroppings, meadows, woods, and views. We will hike three to four miles with about 350' of elevation gain. This property is owned by the Trustees of Reservations, which requests a day use fee. Email contact is preferred.

Leader: Virginia Boyle Traver, 322-0950, virginiabt28@gmail.com

Nov 9 (Wed) CAT & THOMAS MTNS. (B)

Our first destination will be the quaint cabin on Thomas where we will have views of the mountains to the west. Then, it is on to Cat on the ridge trail, now named the Richard Hayes Phillips Trail, with great views of Lake George. Round trip distance is about 7.5 miles with approximately 2000' of elevation gain. Meet 7:30 a.m. at the Northway Exit 9 Park & Ride. Leader: John Antonio, 462-2765

Nov 10 (Thu) TACONIC CREST TRAIL--RTE 20 TO POTTER MTN. RD. (B)

We'll spot cars and hike the southernmost section of the trail for a total distance of 9.7 miles. Our route will take us through Pittsfield State Forest, traversing Tower Mountain with its excellent vistas, and will pass by Berry Pond. Leader: Dave Pisaneschi, 459-5969, dapadk@gmail.com

Nov 11 (Fri) WITTENBERG & CORNELL MOUNTAINS (A)

We'll take the trail from Woodland Valley along the Burroughs Range to these two Catskill peaks. The summit of Wittenberg has possibly the best views in the Catskills. The trail to Cornell includes an interesting V-notch on the way to good views of Wittenberg. The distance is 9-10 miles with 3000' of ascent. At this time of year, crampons or other traction devices may be needed. Leader: John Susko, 383-1284, jpsusko@netzero.net

Nov 12 (Sat) SUCKER BROOK TRAIL (SBT) TRAILWORK (B)

This will be our fifth trip into our adopted trail this season! If we have many people, we'll be able to get a lot done. We have many tools, but even without using tools you can help by placing cuttings off of the trail. The period from mid-October to mid-November is one of the two times per year chainsaws are allowed to be used to clear larger blowdown from the trails, and we hope to be able to use the Chapter's new chainsaw during this period (if prior reconnaissance reveals any blowdown too large for our hand tools). We will most likely hike in from the Lewey Lake campground trailhead, unless we've already completed the eastern half. In that case, we might hike in from Moose River Plains via the Northville-Placid Trail (NPT). We will focus on side-cutting overgrowth. Please contact the leader by November 5th to discuss participation and where and when to meet. We will be looking to get an early start, especially with the days getting shorter. Leader: Gene Reilly, 281-7796, techvalleytrekker@yahoo.com; John Sheehan. 674-8121. jgsheehan01@yahoo.com

Nov 15 (Tue) MONTHLY CHAPTER MEETING 113 Sand Creek Road, Albany, NY

Educational Session at 6:30 p.m.--To be announced.

Program at 7:30--- Happy 100th Birthday, National Parks!--Kicking off with Acadia, Alan Via's program moves to the mountains of the American West, with spectacular photos of mountain scenery, flowers, and animals from the Southwest's National Parks, up through Yosemite and into the Northwest. Don't miss this spectacular mountain tour.

Nov 17 (Thu) LOCAL HALF-DAY TRAILWORK (C)

This will be a great opportunity for anyone inexperienced with trailwork but interested and thinking about signing up for a project. We plan on cutting away some blowdown and trimming back overgrowth on some trails within the Albany Rural Cemetery (ARC). The duration will be limited to four hours, starting at 8:00 a.m. Come learn about the standards for trail maintenance and gain confidence to venture out on more distant trailwork projects. We will meet at the ARC Menands entrance. However at the time of the Cloudsplitter production there are still some insurance aspects to be worked out which could affect the project. Please check with the November 10th to by participation. Directions to the meeting place at the ARC could be given then, if needed.

Leader: Gene Reilly, 281-7796, techvalleytrekker@yahoo.com

Nov 18 (Fri) PROSPECT MOUNTAIN (C+)

We'll be doing Prospect from the "backside." For this hike, we will not be taking the tourist trail but instead will hike what some of us call "the backside trail." On our walk we will be starting from the Lake George Recreation Park XC Ski Trails and then head up the mountain from the south on a lightly marked trail. It will be about 5.5 miles round trip with 900' of elevation gain. The tourists will be gone but the views remain. Meet 9:00 a.m. at the Northway Exit 9 Park & Ride. Leader: John Antonio, 462-2765,

Nov 21 (Mon) NEW MEMBER ORIENTATION & OPEN HOUSE

Don't miss this semi-annual event, held from 6:00 p.m. to 8:00 p.m. at the William K. Sanford Town Library, 629 Albany-Shaker Road in Colonie. Designed for new members and anyone interested in finding out more about the Adirondack Mountain Club, the Open House showcases all that ADK offers. Attendees have the opportunity to meet experienced hike leaders, paddlers and outdoor enthusiasts and learn more about the Club's efforts to promote conservation, advocacy, recreation, education and stewardship of the State's wilderness areas. Food, refreshments and raffle prizes will be provided! Leader: Doug Rosenberry, 265-6018, membership@adk-albany.org

Dec 6 (Tue) MONTHLY CHAPTER MEETING 113 Sand Creek Road, Albany, NY

Educational Session at 6:30 p.m.--To be announced.

Program at 7:30---Wreck Chaser -- Forest Ranger Scott VanLaer has searched high and low for dozens of airplane crash sites in the remotest areas of the Northeast, including Wright Peak, Iroquois, Blue Ridge and the Jay Mountain Range in the Adirondack. He will give us a "sneak peak" of his upcoming book about locating the scenes of civilian and military tragedies in the woods.

Dec 10 (Sat) INDIAN HEAD, COLVIN & BLAKE (A+)

We'll hike nearly 16 miles and climb about 3500' round trip. Late autumn is likely to be snowy and icy. Bring seasonal clothing, lots to eat and drink, a headlamp with fresh batteries, traction spikes (maybe snowshoes--the leader will advise) and a persevering spirit. We will depart at 5:00 a.m. from the Northway Exit 9 Park & Ride. Leader: Don Berens, 783-1302, 50peaks@nycap.rr.com

Dec 28 (Wed) SUGARLOAF MOUNTAIN (B)

This is one of the more attractive hikes in the Catskills with several good views, plus Dibble's quarry. If conditions are right, we will hike this as a loop for a distance of about 7 miles and 2000' of ascent. At this time of year, snowshoes and crampons or other traction devices may be needed. Leader: John Susko, 383-1284, jpsusko@netzero.net

Dec 31 (Sat) MARCY, GRAY, & SKYLIGHT (A+)

How about ending the year on top of Marcy? We will start from the High Peaks Information Center, follow the trail past Lake Arnold and down to the Feldspar leanto and then climb to Four Corners. Our first peak will be Gray, then we'll go back to Four Corners to climb Skylight and again back to Four Corners to climb Marcy, and then head back to our cars. Approximately 19 miles and 4800' of elevation gain. Leader: Claudia Warren, 364-3857, cldwr@hotmail.com

Many thanks to the volunteers who helped make this issue possible: <u>Virginia Boyle Traver</u> for notifying the leaders and monitoring outings, <u>Barb Esmond</u> for her excellent organization skill and help with the outings files, <u>Chris Imperial</u> for help with the Echoes, and <u>Gail Carr</u> for her consistent generosity in donating her art for the cover illustrations. Their efforts are appreciated.

WILDERNESS FIRST AID

Saturday and Sunday, October 1 and 2, 2016

Take Wilderness First Aid and enjoy sleeping in your own bed. This course will be offered locally at Little's Lake in Menands, NY. This fall, the Adirondack Mountain Club Winter Mountaineering School is offering a Certified Wilderness First Aid Course from the Emergency Care and Safety Institute (ECSI).

This Wilderness First Aid Course will be taught over a weekend encompassing 8 hours of instruction on Saturday and 8 hours on Sunday. Topics will include patient assessment, hypothermia, hyperthermia and heat illness, fractures, dislocations, and backcountry medicine. Classroom lectures and discussions are supplemented by practical work and problem solving exercises. The course will be taught by Dr. Eric Shaw, a highly trained emergency room physician, and the ADK Winter Mountaineering School Medical Director.

The class will be held on Saturday and Sunday, October 1 and 2, 2016. Cost for the class will be \$160.00 per student. Participants will receive a Wilderness First Aid certification card upon successful completion of the course. Class size will be limited to 20 students. A minimum of 8 students are needed to hold the course. For additional information and to reserve a spot in the class, call Carl at (518) 274-8410 or (518) 810-3015 or cklinowski@nycap.rr.com. Checks for the class should be made payable to "Winter Mountaineering School."

CONSERVATION NOTES

Court Halts DEC's Forest Preserve Tree Cutting

On July 22, the Appellate Division, Third Department, of State Supreme Court issued an injunction against tree cutting by the Department of Environmental Conservation (DEC) on a 9-12 foot wide snowmobile trail which would have connected Newcomb to Minerva. The DEC had cut over 4,000 trees on 2.9 miles of this trail in the fall of 2015, recently cut over 1,000 more trees on a new 3-mile section, and planned to cut thousands of additional trees, many of which are located in old growth forests. Protect the Adirondacks challenged the legality of these new road-like snowmobile trails in Supreme Court in Albany. Protect contended that these trails violate Article 14, Section 1 of the New York State Constitution, the "forever wild" provision, due to the enormous amount of tree cutting. Article 14, Section 1 prohibits destruction of the trees on the Forest Preserve. Efforts to stop tree cutting on other new 9-12 foot wide class II snowmobile trails in 2014 and 2015 were unsuccessful. For the 14-mile Newcomb to Minerva trail, Protect the Adirondacks obtained an independent expert count of stumps of cut trees and an estimate of the additional trees to be cut to detail the high level of tree cutting. In its public notifications and planning, DEC only counted trees greater than 3 inches diameter at breast height (DBH). This past spring, DEC estimated it would cut over 1,600 of these large trees over 7 miles of new trail. When trees under 3 inches DBH were added to the tally, Protect the Adirondacks found that over 9,000 trees would be cut on this section. The entire trail from Newcomb to Minerva would require cutting over 17,000 trees. Prior cases on the constitutionality of tree cutting on the Forest Preserve tallied both large and small trees. Protect the Adirondacks aged the stumps of a number of trees cut down on the Forest Preserve under 3 inches DBH and determined that many were 30, 40 and 50 years old, or older. Note: This was adapted from articles which appeared in the Adirondack Almanack and Hamilton County Express.

If you have questions or want to know more about these issues, please contact David Pisaneschi at: dapadk@gmail.com or 459-5969. For updates on Conservation issues of concern to ADK members, please visit the chapter website at: http://www.adk-albany.org/conservationNotes.php

ECHOES FROM THE TRAIL

May 6 (Fri) ROOSTER COMB & SNOW

Leader: John Antonio

We had nine hikers on two spectacular little mountains with totally outstanding views. It was a perfect day weather-wise. We had no drama and were in no rush as we hiked along, thoroughly enjoying our walk in the woods in the company of our group. Lunch on Rooster Comb was long and leisurely (yes, Claudia was with us) and we even had Lunch Part II on Snow. A highlight for some in our party was the revisiting of the "holiday tree" on Snow from a few years past. Diners included Frank Dirolf, Dick Irving, Lori McCarron, Dan Van Uithuizen, Claudia Rosenholz, Jim Coward, James Leinweber and Gretchen Gedroiz.

May 7 (Sat) SNOW HOLE

Leader: James Slavin

Early in the season, with just buds on the trees, we--Kathleen and John Gansfuss and Dan and Jim Slavin--headed north from Petersburg Pass along the ridge to The Snow Hole. The Hole had several feet of ice at the bottom and, as usual, was much colder than the surrounding area. John, who is a geologist, explored the hole and surrounding area to better understand the unusual geology. He promised to do more research and get back to us.

June 3-5 NATIONAL TRAILS EVENT WITH ADK

Leader: Gene Reilly

This was an ADK event at the LOJ property in which the 'leader' did not directly participate, but wanted to track participation for recognition of those Albany Chapter volunteers who did. There were several work projects and the sign-up was directly with ADK. Only one Albany Chapter participant reported on their involvement. The work was on hardening the Avalanche Pass turnpike by placing bucket loads of stone in damp or worn areas. Participants worked very hard for about six hours on the task, managing to complete about 50 percent of the desired goal! The event reportedly was very well executed, with a good dinner and fun music provided afterward. Participating was Dave Herman - THANKS Dave! If you are an Albany Chapter member and you participate in an ADK trailwork project, please let the chapter trails committee know about it so your efforts can be logged into our recognition awards program.

June 10-12, JBL TRAIL WORK WEEKEND

Leader: Gene Reilly

This was an ADK event to work on the trails around the Johns Brook Lodge. Participants were provided meals and lodging at JBL in return for their efforts. The 'leader' was not able to directly participate, but wanted to track the contributions of those Albany Chapter members who did volunteer. Only one member reported on their participation, noting a total of two full days of labor over the course of the weekend. Participating in the work was Jim Slavin - THANKS Jim! If you are an Albany Chapter member and you participate in an ADK Trail-Work project, please let the chapter's Trails Committee know about it so that your efforts can be logged into the chapter's recognition awards program.

Jun 19 (Sun) TACONIC CREST TRAIL TO THE SNOW HOLE

Leader: Kathy Sheppard

It was a great day to hike to an air conditioned destination. The trail was easy to follow, the rolling green hills were quite picturesque, and the company, of course, was good as always. Not surprisingly, the Snow Hole was snowless this year but it was still fun to climb into the fissure and feel the temperature drop at least ten degrees. Participants included: Ken and Ellen Harris and the ever vigilant Kaya, Klaus Sommerlatte, Blanche Nelson, Leanne Wirkkula on her first ADK hike, Eric Reinhart, Diane Reinhart (who would be a great new leader!), and the leader, Kathy Sheppard, and her dog Mika.

Jun 22 (Wed)

BEAR MOUNTAIN, CT

Leader: Virginia Boyle Traver

We could not have had a more glorious day! The weather was perfect and the mountain laurel was SPECTACULAR!! Seriously, this day deserves any number of superlatives. Sometimes it all comes together, and it did for us on the Paradise Lane Trail and Bear Mountain. Views were crisp and clear, a slight breeze kept us cool in the sunshine, and the trail's variety offered continual interest. Enjoying a

great day in a beautiful place were Jim Dolen, Mitra Gouneh, Dick Irving, Frank Klose, Peter Kurz, Karen Lydon, Lori McCarron, Pat McPhee, Dan Van Uithuizen, and the leader.

Jun 29 (Wed) HURRICANE MOUNTAIN

Leader: Karen Ross & Lori McCarron

First we switched the hike location after a head's up from Mary M. from the DOT that the trailhead for Mossy Cascade Brook was closed for Ausable River bridge construction. Then we did the storm forecast dance, as chances for rain and t-storms shifted from 0 to 80% and then settled at about 30%. Our signup sheet looked like spaghetti as prospective hikers dropped in, dropped out, changed their minds at the last minute, and asked for various pickup sites. In the end we had our even dozen, a working Crow Clearing trailhead, and didn't forget anyone along the highways. A muggy start to the day made for a good sweat, but there's no more kindly approach to a climb than the 1.1 mile walk-in to the Gulf Brook crossing. Since we were "making time," we didn't go farther along the Weston Mtn. trail to see the relocated lean-to and instead "made tracks" up to the summit. That view never ceases to amaze us, and we made it even more spectacular by climbing up the fire tower which, by the stacks of lumber we saw at the summit, is due shortly for a renovation. Lunch was a bit of a hurried affair, as dark storm clouds gathered over neighboring high peaks, so when the thunder "whistle" blew, we packed up and headed down. We had the added delight of thunder rumbling all around us during the descent and were happy to reach lower elevations and sunshine once again. Marveling at the views, gulping lunches, and in jolly good humor were Jim Coward, Sheri Apple and daughter Kylee, Sharon Bonk, Mary MacDonald, Karen Cedar, Yves Nollet, Dan Uithuizen, John Antonio, and Bob Priest.

Jul 6 (Wed) GIANT'S NUBBLE Leader: John Antonio

Man!! It was a hot day!!!!! We were all certainly glad it was the Nubble, and not Giant Mountain proper, that was the day's objective. Heading up the Ridge Trail we arrived at the ledge lookout just before The Washbowl and peered down at the sparkling water of Chapel Pond, many of us wishing we were already down there taking our post-hike dip. We reached The Nubble - so we thought - only to be confused with the change in the color of the trail markers. It was discovered later that we had really just come up short of the true summit. We circled the Nubble, dropping down the other side, and decided to have lunch on the shores of The Washbowl with a slight breeze blowing across the water. Yes, we did take our swim at Chapel (Kathy swam across the entire pond) to end a beautiful day. Participants were Peter Kurz, Lori McCarron, John Sheehan, Karen Ross, Karen Cedar, Dan Van Uithuizen, Kathleen Sheppard, and Jim Coward.

July 6-8 ADK PROPERTY TRAIL MAINTENANCE Leader: Gene Reilly

This was an ADK work project to maintain trails on the ADK property. The 'leader' was not able to directly participate, but wanted to track the efforts of those Albany Chapter members who did. Unfortunately, no chapter members reported on their participation. If you are an Albany Chapter member and you participate in an ADK Trailwork project, please let the chapter Trails Committee know about your participation so that your labor can be logged into the chapter's recognition awards program.

Jul 9 (Sat) SUCKER BROOK TRAIL TRAILWORK Leader: Gene Reilly

The turn-out for this trip was a bit disappointing as we had hoped to get a large group, but nonetheless we had a great day in the woods. Three of us carpooled up from Albany and met a fourth member at the trail-head. We hiked in three or four miles nearly to the height of land, carrying loppers, a grass whip, hedge trimmers, and bow saws. We cut away a number of small, sapling-sized blockages as we went and found quite a bit of side growth that needed to be trimmed back. We also installed a number of new DEC trail markers and replaced a few to more proper positions. It was a warm day and we were glad to get back to the car at the end of the day. Spending a full day on the trail (approximately 10 am - 4 pm) were John Sheehan, Dave Herman, Mike Asbury and the leader. Come join us on the next trip to the SBT - good times are sure to be had, including some good jokes like the one about the two old giant trees - a birch and a beech!

Jul 20 (Wed)

HUYCK THROUGH-HIKE Leader: Virginia Boyle Traver

In the middle of a hot summer we had a welcomed cooler day for hiking. After spotting cars, we began our trek from the Partridge Path #3 loop on a continuing descent to Lincoln Pond where we had lunch. We were disconcerted by the sound of a drone but were glad to learn that scientists were using it for a research study on forest nutrients. We had a leisurely lunch at Lincoln Pond and just before we were to leave a staff person gave a us a description of the founding of the Huyck Preserve and showed us a large photograph of the area when it was still farmland. What a treat! Continuing alongside Lake Myosotis and the beautiful waterfalls, we completed our journey at the Visitor Center. Everyone agreed that this was a great way to see the entire preserve and was a very pleasant hike. Enjoying the day were Linda Davern, Donna Farber, Jim Gorman, Sue Jordan, Peter Kurz, Karen Lydon, Pat McPhee, Linda Novak, Diane Reinhart, Bill Shapiro, Michael Slezak, Martha Waldman, and the leader.

Note from the Editor:

After fifteen years as the Cloudsplitter Editor, I will now be passing on the job to a team of very engaged and competent new co-Editors, Ann Burns and Kathy Behuniak. They will be assisted by Mark Plaat and Kathleen Gansfuss. It has been a wonderful term as a volunteer for this amazing Chapter, and working with Virginia Traver and Barb Esmond on the CS issues has been a special pleasure. I have enjoyed all these years of support from a succession of hard-working Chapter Chairs, committed Executive Committee members, and outings leaders who faithfully got their submissions in on time and then recapped their adventures in the Echoes. Through all their efforts, we've all had the fun of traveling along on so many trails and paddles together, whether in print or in person. Thank you all for your confidence and support all these years. Enjoy those mountains, lakes, and rivers!

Albany Chapter Adirondack Mountain Club P.O. Box 2116 Esp. Sta. Albany, NY 12220

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